



Practical Christianity, Part 2

Series: Ephesians, #15

Ephesians 4:25-32

Pastor Lyle L. Wahl

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Last week, Part 1:

1. Truthful, edifying speech. (25, 29, 31)
 2. Sin-free anger. (26-27, 31)
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The new Godly lifestyle includes ...

3. Working to provide and share. (28)
 - a. Stealing.
 - b. Working to provide and share. (see also Genesis 3:15-19; Colossians 3:23-24; 1 Thessalonians 4:10-12; 2 Thessalonians 3:10; 1 Timothy 5:8; Romans 12:13)
4. Living in harmony with the Holy Spirit. (30)
 - a. Do not grieve the Holy Spirit.
 - b. “*Why not?*” (see also 1:14; 1 Thessalonians 5:19)
5. Understanding and forgiving each other. (32)
 - a. Understanding each other through being kind and tenderhearted. (see also Galatians 5:22; Colossians 3:12)
 - b. Giving each other the grace of forgiveness. (see also Colossians 3:13)

In My Life This Week

As you use this daily guide, write out your observations and responses on a separate piece of paper and save them with this sheet for reference.

Monday. Read 4:17-32. Paul makes what may seem to be a dramatic statement when he says “*Stop Stealing!*” (4:28). What is your attitude toward work? Your work is to provide for yourself and your family and to share with others who have needs. Let Colossians 3:23-24 guide your attitude and practice of work.

Tuesday. To fulfill your calling means not to grieve the Holy Spirit (4:30). As you review the verse and our time on this on Sunday, what do we do that grieves the Holy Spirit? Why is He grieved? Live in harmony with the Holy Spirit today, and each day.

Wednesday. The new godly lifestyle includes understanding each other through being kind and tenderhearted (4:32). Review these two qualities. So far in this week have you been kind and tenderhearted to those in your family, at work, in the community?

Thursday. One more aspect of our new godly lifestyle is to give each other the grace of forgiveness (4:32). Our forgiveness of others is to follow how God has forgiven us. Are there any people and things that remain unforgiven in your heart, marring your own experience and witness? If so, deal with it/them now.

Friday – Saturday. On Sunday we plan to look at the first 14 verses in chapter 5, and think about being *Copycats*. Read and think through this section in preparation for our time together.